

Barry Hecker's Shooting Clinic

This camp is for players who are serious about improving their BASKETBALL SKILLS AND FUNDAMENTALS. The clinic will specialize in teaching how to shoot the basketball correctly to improve your shot. Emphasis will be on footwork, jump stops, pivots, forward and reverse with both feet. Proven techniques and fundamentals will be taught such as placement of shooting arm, lift of the ball, placement of fingers, release and follow through. Mental preparation and warmup, Mikan Drill and using both hands around the basket. **Signup online at www.mcreg.com**



Dates: Saturdays April 15, 22, 29, May 6
Place: The Park Center in Murray
Times: 10:00 am to 12:00 pm
Cost: \$100.00
Grades: 9-12 graders Boys and Girls

ABOUT COACH BARRY HECKER

NBA Coach, 21 years with the Cavs, Clippers, and Grizzlies invites you to a Shooting/Offensive Skills Camp. Coach Hecker directed the Adrian Dantley Camp, the Adidas Superstar Camp for college players which included Kyle Lowery, Paul Milsap, Aaron Brooks, Johium Noah, Raymond Felton to name a few and worked with Marc Gasol, Zach Randolph, DeMarre Carroll, Rudy Gay, Darrel Arthur and Dante Cunningham with the Grizzlies. Coach Hecker specializes in Shooting Clinics and produced a video for Championship Productions", "Create the Perfect Jump Shot" and "Building Basketball Player from the Ground Up" Invented a shooting aid, Get it Shooting Hoop used by many HS, College, and NBA teams.

Barry Hecker Shooting Clinic Send fee and form to Murray Parks and Recreation, 296 East Murray Park Avenue, Murray UT 84107

Name _____ Phone _____ Male/Female _____
Address _____ Zip Code _____
Age _____ School _____ Birth date _____ Grade _____
Mother's Name _____ Phone _____ Cell Phone _____
Father's Name _____ Phone _____ Cell Phone _____
Email _____

Does your child have any physical limitations? Yes ___ No ___ If so, please Explain _____

LIABILITY RELEASE AND PERMISSION TO PARTICIPATE

In consideration of the acceptance of my application for the above activity, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which my child may have, or which may hereafter accrue as a result of participation in said event. It is understood that some recreational activities involve an element of risk or danger of accidents, and knowing those risks, I hereby assume those risks. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns. I have read and understood the foregoing registration, liability release, and agree to all of their terms and conditions.

Parent/Guardian Signature

Date

For Office Use Only

Date _____ Staff _____ Amount _____